



ALLIANCE FITNESS TO IMPROVE CUSTOMER SERVICE AND KNOWLEDGE WITH CSI SOFTWARE

Houston, TX - April 19, 2006 CSI Software announced today that the Alliance Fitness Corporation has selected CSI Software as its new club management system. The Alliance Fitness Corporation currently owns and operates 18 state-of-the-art fitness centres, servicing approximately 100,000 members in locations throughout Southern Ontario under the trade names of Family Fitness Centres and Exclusively Women's Fitness Centres. Alliance will be implementing Spectrum NG later this summer.

"Spectrum NG will assist Alliance in satisfying both the external customer (member) and the internal customer (staff)" according to Greg Thorn, CFO. "The system will also achieve the speed of processing that both Alliance management and the customer want to see, while also being dependable. The ability for flexibility will also allow Alliance to make changes quickly which will assist the operations and provide the customer with up-to-date information."

Business Intelligence Crucial

The Business Intelligence suite (Dashboards, Scorecards, OLAP, Data Warehousing, and Alerts and Notifications) was another attractive feature-set for Alliance. The ability to provide complex information quickly will be a major benefit for a company that operates 18 locations and is expanding.

"The CSI Software Business Intelligence tool will assist management at both the club level and head office level to make better business decisions" says Thorn.

For more information on the Alliance Fitness Corporation, logon to www.familyfitnesscentres.com/